

# LAW ENFORCEMENT

# GROUND & WOUNDED

JULY 27<sup>TH</sup> - 28<sup>TH</sup> 2022

XENIA OH \$400

HOSTED BY:



## TRAINING VENUE:

XENIA POLICE RANGE COMPLEX  
847 FORD RD  
XENIA, OH 45385

## COURSE DESCRIPTION:

Grounded and Wounded but 100% still in the FIGHT. In G&W, officers learn to overcome unconventional positions, fighting from the ground, and managing compromised ability. All weapons manipulation skills will be covered with diminished ability using the duty handgun and patrol rifle. During the second half of the course, there will be a block of instruction on traumatic first aid, victim movement techniques, and officer rescue. Officers will need to put all skills presented together during scenario-based training exercises. This is a physically demanding course and you will be working through a variety of positions and overcoming artificially produced physical limitations

## TOPICS TO BE COVERED INCLUDE:

- Grounded shooting positions
- Movement between shooting positions
- Fighting from a grounded position
- Integration of all tools on the ground
- 1-Handed shooting
- Understanding compromised ability factors
- Compromised ability shooting/manipulations
- Running all weapons while managing injury
- Intro to Traumatic First Aid
- Self Aid / Partner Aid drills

## EQUIPMENT & AMMUNITION:

- Duty handgun
- Minimum of 3 magazines. If under 10 rounds capacity, minimum 5
- 500 rounds of handgun ammunition
- Full Duty Gear including body armor
- Patrol Rifle with minimum of 3 magazines and sling
- 200 rounds of rifle ammunition
- 5 dummy rounds for each weapon system
- Hearing & Eye Protection (Electronic hearing pro is preferred)
- Appropriate Range Attire (We will train in all weather conditions)
- Snacks & Hydration
- Gloves
- Knee pads (optional)



**REGISTER ONLINE**

[WWW.VIGRTRAINING.COM](http://WWW.VIGRTRAINING.COM)

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