



**Fire & Emergency Rescue Academy Physical Information**

**Scarlet Oaks Career Campus / Public Safety Services**

**3254 East Kemper Road, Cincinnati, Ohio 45241**

In order to meet NFPA 1001 and Ohio Department of Public Safety Services Division of EMS requirements per the Ohio Administrative Code, Firefighter I (OAC 4765-11-10 and -11), Firefighter II (OAC 4765-11-12), and Firefighter I and II (OAC 4765-11-12 and-13) courses shall meet all objectives in NFPA 1001.

Due to hospital clinical requirements for EMT students a TB skin test is also required and can be conducted at the time of the physical.

**Students must take their supplied physical documents with them at the time of their appointment**

Preferred Provider:



Sharonville Clinic  
2884 E. Kemper Rd.  
Cincinnati, OH 45241  
(513)-771-2233

Norwood Clinic  
4623 Wesley Ave Ste C,  
Cincinnati, OH 45212  
(513) 841-1122

Monday - Friday  
8:00 am - 5:00 pm

Monday - Friday  
8:00 am - 5:00 pm

Additional information is available at:

<https://www.concentra.com/patients/physicals/police-and-firefighter-physical/>

# Great Oaks Career Campuses

Public Safety Services Fire and Emergency Medical Care Programs  
3254 East Kemper Road  
Sharonville, Ohio 45241  
513-771-1142

## Student Medical Profile

(To be completed by the student and presented to Physician at time of office visit.)

Name: \_\_\_\_\_ SSN: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
(Please Print)

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Primary Telephone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_  
(Mo/Day/Year – XX/XX/XXXX)

### Health History

### Check One

	Yes	No	If yes, explain
1. Has the student ever:			
a. lost consciousness due to injury?			
b. had a concussion?			
c. stayed overnight in a hospital?			
d. had an operation?			
e. had heat exhaustion or heat stroke?			
f. had a broken neck or neck injury?			
g. had a back or spinal injury?			
h. had a heart murmur?			
i. had high blood pressure?			
j. had a heart problem?			
k. fainted while doing exercise?			
l. lost an extremity?			
2. Does the student:			
a. take medicine every day?			
b. wear glasses or contact lens(es)?			
c. wear dental appliances or hearing aids?			
d. have any allergies?			
e. have any chronic illnesses? (diabetes, asthma, etc.)			

The information presented in this medical profile is accurate to the best of my knowledge, and I have no medical conditions or illnesses that would prevent my participation in all EMS or Fire training activities. In addition, I have read the "Essential Functions" for the program and meet all physical demands, problem solving abilities, and working characteristics required.

NOTE: No pregnant student will be accepted into the program without written approval from the student's physician and/or approval from the EMS Programs Medical Director.

Student's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Great Oaks Career Campuses**  
Public Safety Service Fire and Emergency Medical Programs

**Physical / Medical Examination Requirements**

NOTE TO STUDENT: The first two pages of this form must be completed and returned to the Great Oaks Career Campuses Public Safety Services Fire/EMS Programs Supervisor no later than 14 days prior to the orientation session for the Academy or Firefighting class the student plans to attend.

NOTE TO PHYSICIAN: The Physical and Medical examination should be conducted for the purpose of detecting or determining the presence of deficiencies or abnormalities that would reasonable be expected to limit the abilities of the applicant to satisfactorily and safety perform all the essential functions associated with emergency medical care and/or firefighting as outlined in this document.

The Essential Functions of Emergency Medical Care and Firefighting listed below are meant to serve as a reference resource for physicians when determining the fitness of a candidate for emergency medical care and firefighting duties. The following Essential Functions are meant to define and to give a broader understanding of the physical requirements demanded of the job, and are merely meant to be used as an aid for physicians when determining the physical status of a candidate.

**Essential Functions of Emergency Medical Care and Firefighting**

- Performing firefighting tasks (e.g. hose line operations, extensive crawling, lifting and carrying heavy objects, ventilating roofs or walls using power or hand tools, forcible entry), rescue operations, and other emergency response actions under stressful conditions while wearing personal protective ensembles and self-contained breathing apparatus (SCBA), including working I extremely hot or cold environments for prolonged time periods.
- Wearing a SCBA that includes a demand valve-type positive-pressure face piece, or HEPA filter masks, which requires the ability to tolerate increased respiratory workloads.
- Exposure to toxic fumes, irritants, particulates, biological (infectious) and non-biological hazards, and/or heated gases, despite the use of HEPA filter masks, personal protective ensembles and/or SCBA.
- Depending on the local jurisdiction, climbing six or more flights of stairs while wearing fire protective ensemble weighing at least 50 lbs. (22.6 kg) or more and carrying equipment/tools weighing an additional 20 to 40 lbs. (9 to 18 kg).
- Wearing of fire protective ensemble that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperatures to level exceeding 102.2°F (39°C).
- Searching, finding, and rescue-dragging or carrying victims ranging from newborns up to adults weighing over 200 lbs. (90 kg) to safety despite hazardous conditions, uneven surfaces, stairs, and low visibility.
- Advancing water-filled hose lines up to 2 ½ in. (65 mm) in diameter from fire apparatus to occupancy [approximately 150 ft. (50 m)], which can involve negotiating multiple flights of stairs, ladders, and other obstacles.
- Climbing ladders, operating from heights, walking or crawling in the dark along narrow and uneven surfaces, and operating in proximity to electrical power lines and/or other hazards.
- Unpredictable emergency requirements for prolonged periods of extreme physical exertion without benefit of warm-up, scheduled rest periods, meals, access to medication(s), or hydration.
- Operating fire apparatus or other vehicles in an emergency mode with emergency lights and sirens.

EM	FF
	X
X	X
X	X
	X
	X
X	X
	X
	X
X	X
X	X

- Critical, time-sensitive, complex problem solving during physical exertion in stressful, hazardous environments, including hot, dark, tightly enclosed spaces, that is further aggravated by fatigue, flashing lights, sirens and other distractions.
- Ability to communicate (give and comprehend verbal orders) while wearing personal protective ensembles and SCBA under conditions of high background noise, poor visibility, and drenching from hose lines and/or fixed protection systems (sprinklers).
- Functioning as an integral component of a team, where sudden incapacitation of a member can result in mission failure or in risk of injury to civilians or other team members.
- Have good strength, hand-eye coordination and manual dexterity to manipulate equipment, instrumentation and medications.
- Send and receive verbal messages as well as appropriately operate the communications equipment of current technology.
- Be able to collect facts and to organize data accurately, to communicate clearly both orally and in writing in the English language (9<sup>th</sup> grade level or higher)./
- Be able to differentiate between normal and abnormal findings in human physical conditions by using visual, auditory, olfactory and tactile observations.
- Be attentive to detail and be aware of standards and rules that govern practice and implement therapies based upon mathematical calculations (9<sup>th</sup> grade level or higher).
- Possess sufficient emotional stability to be able to perform duties in life or deal situations and in potentially dangerous social situations including responding to call in districts known to have high crime rates.
- Be oriented to reality and not mentally impaired by mind-altering substances.
- Not be addicted to drugs.
- Be able to work shifts of 24 hours in length.
- Possess eyesight in a minimum of one eye correctable to 20/20 vision and be able to determine directions according to a map. To drive an emergency vehicle, the student must possess approximately 1800 peripheral vision capacity, must possess a valid driver's license, and must be able to safely and competently operate a motor vehicle in accordance with state law.

X	X
	X
X	X
X	X
X	X
X	
X	
X	
X	X
X	X
X	X
X	X

I have examined \_\_\_\_\_  
 Applicant's Full Name - PRINT

and as a physician licensed to practice in the State of Ohio, do hereby certify that the applicant is in good health and physically fit for the performance of the essential functions of an emergency medical technician and/or a fire fighter as outlined in this document.

\_\_\_\_\_  
 Physician's Signature

\_\_\_\_\_  
 Date of Examination

\_\_\_\_\_  
 Physician's Name PRINTED

\_\_\_\_\_  
 Office Telephone Number

\_\_\_\_\_  
 Name of Practice

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 City

\_\_\_\_\_  
 State

\_\_\_\_\_  
 Zip